

Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Health History Form

What is your approximate height? \_\_\_\_\_ What is your approximate weight? \_\_\_\_\_ lbs

Have you ever smoked cigars or cigarettes?  Yes  No

Do you still smoke?  Yes  No

How much do you smoke?  Less than one pack per week  1-2 packs per week

1 pack every two days  1 pack per day  More than one pack per day

Do you exercise regularly?  Yes  No

Are you pregnant or trying to get pregnant? \_\_\_\_\_

Check if you have any implants, screws, plates or other foreign objects in your body.  Yes  No

Bullet Wound(s)  Infusion Catheter  Ear Implant  Pacemakers  Eye Implant

Brain Plate(s)  Heart Valve(s)  Shrapnel  Other \_\_\_\_\_

Musculoskeletal Surgeries (Please list any surgeries) i.e. hip, knee ect.

Please describe: \_\_\_\_\_ Year(s) of surgery: \_\_\_\_\_

Please describe: \_\_\_\_\_ Year(s) of surgery: \_\_\_\_\_

Please describe: \_\_\_\_\_ Year(s) of surgery: \_\_\_\_\_

Organ System Surgeries (Please list any surgeries) i.e. appendix, gallbladder, hysterectomy ect.

Please describe: \_\_\_\_\_ Year(s) of surgery: \_\_\_\_\_

Check if a physician has ever diagnosed you with cancer.  Yes  No

Please describe: \_\_\_\_\_ Year(s) of surgery: \_\_\_\_\_

Please describe: \_\_\_\_\_ Year(s) of surgery: \_\_\_\_\_

Allergies: \_\_\_\_\_

Medications: \_\_\_\_\_

(If you have a list with you, we will copy it instead)

Patient Name \_\_\_\_\_ Date \_\_\_\_\_

**Check if you currently have or have had in the past any of the following conditions:**

|                 | Past                     | Present                  |   | Past                     | Present                  |
|-----------------|--------------------------|--------------------------|---|--------------------------|--------------------------|
| Headaches       | <input type="checkbox"/> | <input type="checkbox"/> | Shoulder pain                               | <input type="checkbox"/> | <input type="checkbox"/> |
| Eye problems    | <input type="checkbox"/> | <input type="checkbox"/> | Ear problems                                | <input type="checkbox"/> | <input type="checkbox"/> |
| Asthma          | <input type="checkbox"/> | <input type="checkbox"/> | Sinus problems                              | <input type="checkbox"/> | <input type="checkbox"/> |
| Thyroid problem | <input type="checkbox"/> | <input type="checkbox"/> | Digestive issues                            | <input type="checkbox"/> | <input type="checkbox"/> |
| Acid reflux     | <input type="checkbox"/> | <input type="checkbox"/> | Gall bladder                                | <input type="checkbox"/> | <input type="checkbox"/> |
| Anxiety         | <input type="checkbox"/> | <input type="checkbox"/> | Depression                                  | <input type="checkbox"/> | <input type="checkbox"/> |
| Neck pain       | <input type="checkbox"/> | <input type="checkbox"/> | Mid back pain                               | <input type="checkbox"/> | <input type="checkbox"/> |
| Low back pain   | <input type="checkbox"/> | <input type="checkbox"/> | High blood pressure                         | <input type="checkbox"/> | <input type="checkbox"/> |
| Wrist pain      | <input type="checkbox"/> | <input type="checkbox"/> | Elbow pain                                  | <input type="checkbox"/> | <input type="checkbox"/> |
| Foot/Ankle pain | <input type="checkbox"/> | <input type="checkbox"/> | Arthritis                                   | <input type="checkbox"/> | <input type="checkbox"/> |
| Dizziness       | <input type="checkbox"/> | <input type="checkbox"/> | Rheumatoid arthritis                        | <input type="checkbox"/> | <input type="checkbox"/> |
| Heart attack    | <input type="checkbox"/> | <input type="checkbox"/> | Stroke                                      | <input type="checkbox"/> | <input type="checkbox"/> |
| Cancer          | <input type="checkbox"/> | <input type="checkbox"/> | Other _____                                 |                          |                          |
| Diabetes        | <input type="checkbox"/> | <input type="checkbox"/> | Do you hear cracking/grinding in your neck? |                          |                          |
|                 |                          |                          | Yes No                                      |                          |                          |

## Chief Complaint Form

Describe the reason for your visit:

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**When did your symptoms begin?** (select one)

- Today  This week  Within last 3 months  3 months to 6 months  
 6 months to one year  \_\_\_\_\_

**For Women Only**

Are you pregnant?  Yes  No

**Which word describes the frequency of your discomfort?** (select one)

- Constant  Intermittent  Occasional  Rare

**Which phrases best describe changes in your discomfort during the day?** (select one or more)

- It is worse in the morning  It is worse in the afternoon  It is worse at night  
 It changes with the weather  It does not change

**What helps relieve your discomfort?** (select one or more)

- Ice  Heat  Medication  Other (please describe) \_\_\_\_\_

**What activities are limited by your discomfort?** (select one or more)

- Sitting  Standing  Walking  Bending  Lifting  Sleeping  Exercise  
 Coughing  Twisting  Looking up/down  Movement  Driving  Household Chores

**Do you consume caffeine? If so how much?** \_\_\_\_\_

**Do you consume alcohol? If so how much?** \_\_\_\_\_

**How much water do you drink?** \_\_\_\_\_